

# Resident's Digest

IN HOME JOURNAL

## National Nursing Home Week



### "Portrait of a Friend"

I can't give solutions to all of life's problems, doubts,  
or fears. But I can listen to you, and together we will  
search for answers.

I can't change your past with all its heartache and pain,  
nor the future with its untold stories.  
But I can be there now when you need me to care.

I can't keep your feet from stumbling.  
I can only offer my hand that you may grasp it and not  
fall.

Your joys, triumphs, successes, and happiness are not  
mine;  
Yet I can share in your laughter.

Your decisions in life are not mine to make, nor to judge;  
I can only support you, encourage you,  
and help you when you ask.

I can't prevent you from falling away from friendship,  
from your values, from me.  
I can only pray for you, talk to you and wait for you.

I can't give you boundaries which I have determined for  
you,  
But I can give you the room to change, room to grow,  
room to be yourself.

I can't keep your heart from breaking and hurting,  
But I can cry with you and help you pick up the pieces  
and put them back in place.

I can't tell you who you are.  
I can only love you and be your friend.

--Unknown

## This Week's Activities

Monday, May 18<sup>th</sup>

- 9:00 Five Alive
- 9:30 Nails & Tales
- 4:00 Sweatin' to Oldies

Tuesday, May 19<sup>th</sup>

- 9:00 Five Alive
- 10:00 Bingo
- 11:45 Reach for the Sky
- 4:30 Bowling

Wednesday, May 20<sup>th</sup>

- 9:00 Beacon
- 10:00 Devotional
- 2:00 Popcorn & Movie
- 4:00 Coffee & Conversation

Thursday, May 21<sup>st</sup>

- 9:00 Five Alive
- 10:00 Bingo
- 11:45 Trivia
- 2:00 Cooking Club

Friday, May 22<sup>nd</sup>

- 9:00 Five Alive
- 10:00 Bingo
- 2:30 Circle of Friends

Saturday, May 23<sup>rd</sup>

- 10:00 Coffee & Conversation
- 2:00 Movie

Sunday, May 24<sup>th</sup>

- 9:00 Worship
- 2:00 Music

## Weekly Devotional

Be Kind to Every Person








Do not forget to entertain strangers, for by doing so some people have entertained angels without knowing it.

Hebrews 13:2

Be kind to every person you meet. You never know what someone is going through or who they truly are inside. You could be the only caring heart they come across that day.



A performer puts her head in the mouth of a crocodile at Thailand's Sriracha Tiger Zoo. – Time Magazine

Weather Compliments of: Weather.com		High / Low (°F)	Precipitation %
Mon May 18	 Sunny	76°/52°	0 %
Tue May 19	 Sunny	80°/56°	0 %
Wed May 20	 Sunny	82°/58°	0 %
Thu May 21	 Mostly Sunny	84°/60°	10 %
Fri May 22	 Mostly Sunny	82°/57°	10 %
Sat May 23	 Sunny	80°/59°	0 %
Sun May 24	 Partly Cloudy	81°/57°	20 %